

Live Fire Course Competency Validation/Fitness for Duty Form

Required for all students before participating in SFRT Live Fire Training

NFPA 1403 (2018 Edition) 4.3.1 - 4.3.3 require that all participants must have prior training and meet prerequisites in certain subjects before participating in live fire training. These minimum subjects include:

1) Safety; 2) Fire Behavior; 3) Portable Extinguishers; 4) Personal Protective Equipment & SCBA; 5) Ladders; 6) Fire Hose, Appliances, and Streams; 7) Overhaul; 8) Water Supply; 9) Ventilation; 10) Forcible Entry; 11) Building Construction. Specific prerequisite training must also be met in these areas: Fire Dynamics; Health and Safety; Fundamentals of Fire Behavior; Fire Development in Compartments; Nozzle Techniques and Door Control.

The Chief Officer of _____ Fire Department authorizes that _____ completed the minimum training/prerequisites and may participate in the live fire training evolutions present by SFRT.

NFPA 1403 (2018 Edition) 4.4.1 requires that all participants must be rehabbed in accordance with NFPA 1584, Chapter 6. Before being released from the rehab area to participate in a State Fire Rescue Training live fire training evolution, normal conditions are considered to consist of: heart rate of 60-100; respiratory rate of 12-20; systolic blood pressure less than 160; diastolic blood pressure of less than 100; pulse oximetry of 95% or greater. Participants are encouraged to periodically check their vital signs and seek appropriate medical attention for abnormal signs/symptoms.

Baseline Vital Signs (This must be completed prior to participating in live fire training):

Date: _____ Time: _____ Heart Rate: _____ Respiratory Rate: _____

Blood Pressure: _____ Pulse Ox: _____ Obtained by (Name): _____

Participants must be a member of a Fire Department, Industrial Fire Brigade or Junior Firefighter program (Ages 15-17) that is recognized by the Kentucky Fire Commission to participate in live fire training delivered by State Fire Rescue Training. ID's will be checked by SFRT instructors before allowing students to participate in live fire training and some evolutions/activities are restricted for 15-17 year old Junior Firefighters (See current Junior Firefighter Guidelines on KY Fire Commission website.) All turnout gear must be less than 10 years of age. Per NFPA 1403 (2018 Edition) A4.9.5 it is recommended that all participants wear full-length clothing made of natural fibers or fire-retardant materials under their personal protective equipment during live fire evolutions.

Facepiece seal protection: SFRT requires that all students must be compliant with OSHA 29 CFR 1910.134:

“[1910.134\(g\)\(1\)\(i\)](#) -The employer shall not permit respirators with tight-fitting facepieces to be worn by employees who have: [1910.134\(g\)\(1\)\(i\)\(A\)](#) - Facial hair that comes between the sealing surface of the facepiece and the face or that interferes with valve function;” (hair growth between the skin and the facepiece sealing surface, such as stubble beard growth, beard, mustache or sideburns which cross the respirator sealing surface).

Signature of Chief Officer: _____

Signature of Student: _____

This form must accompany any registration form for live fire training courses.

(DUPLICATE AS NEEDED)

Revised August 2020